DATE	TIME	OPPONENT	PLACE
March 1	4:00	Forestview	Forestview
March 9	4:00	South Point	South Point
March 16	4:00	Stuart Cramer	Stuart Cramer
March 23	4:00	South Point	South Point
March 30	4:00	Ashbrook	Ashbrook
April 8		Invitational	Appalachian State
April 12	1:00	Gaston County Meet	Forestview
April 27	4:00	Forestview, North Gaston, Thomas Jefferson, Hunter Huss	Home
May 1	TBD	Big South Conference Field	Stuart Cramer
May 2	TBD	Big South Conference Track	Stuart Cramer
May 12/13	TBD	Regionals	AC Reynolds
May 20	TBD	State	North Carolina A&T

Head Men's Coach: Dock Ragland Head Women's Coach: Athletic Director: Tom Adams

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